



High-potential employees who lose their commitment?

Team members who want to "move forward" but don't know how?

Managers who want to better balance professional and personal aspects of their lives?

# FACE INDIVIDUAL COACHING

**The goal, to be the driving force at work, within a team or as a leader, is something we all pursue.**

**For companies, their talents are of prime importance. But what if challenges are no longer actively tackled or an individual's contribution to the company's goal is unclear? What if the necessary identification with the values and mission is not strong enough?**

**This is when FACE Individual Coaching empowers employees individually and helps them achieve their best performance.**

## THE GOAL

In individual sessions, this coaching provides employees with a sustainable tool to clearly define their challenges and move step by step towards implementation.

Together with the FACE Mental Coach, they define the goal (FOCUS), an individual plan (AGILITY), and identify stakeholders and supporters (COORDINATION). They develop and establish routines for better endurance and effectiveness in everyday life (ENDURANCE).

In doing this, they not only work mentally on themselves and their challenge, but also physically. With additional FACE Sport Sessions, our dual method focuses on the comprehensive activation of the people we coach.

## THE RESULT

/ Employees know their requirements and values.

/ The personal challenge in the company is defined, the path set, and the corresponding tools are learned and integrated into everyday working life.

/ Their comprehensive fitness ensures that they master the challenge clearly and bravely with perseverance.

/ The employees vision for the NEXT YOU is internalized and provides the right boost for the individual and the corporate goals.

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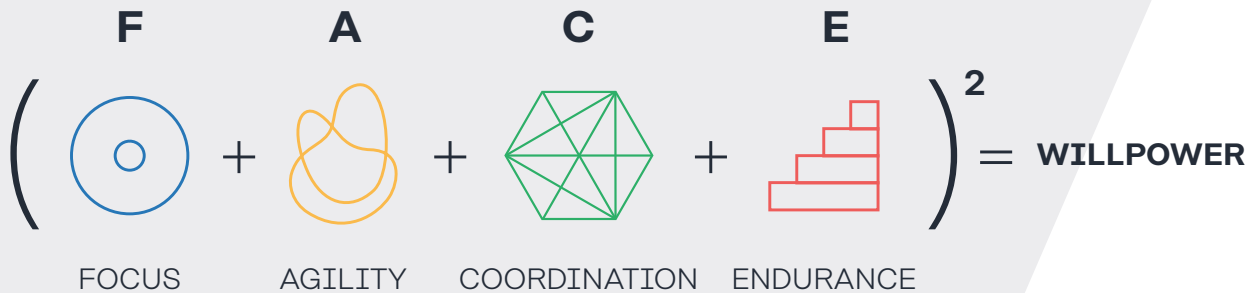
## THE PACKAGE

1. Start of coaching.  
Briefing session with the manager or HR. This is where the company challenge and the coaching mission are formulated.
2. The onboarding session.  
Coach and coached get to know each other and discuss the objectives of the upcoming sessions.
3. Five coaching sessions according to FOCUS, AGILITY, COORDINATION and ENDURANCE. One session is deepened as required. Here the professional and personal challenges are articulated and brought together in a so-called Challenge Plan.
4. Each coaching session is combined with a FACE Sport Session.
5. Wrap-Up session after 4 weeks to conclude. This is where initial progress and any new obstacles are discussed with the coach and feedback is provided to HR.

PRICE:  
€3.460

FACE THE CHALLENGE BY KLITSCHKO®

# THE PATH TO WILLPOWER



**FACE stands for Focus, Agility, Coordination, and Endurance – concentration, flexibility, coordination, and perseverance.**

Former boxing world champion and company founder Dr. Wladimir Klitschko derived these four core competencies from his philosophy of success. Together with Tatjana Kiel, CEO of Klitschko Ventures, he has developed a four-step method for overcoming challenges in both the entrepreneurial and personal environment.

With the FACE the Challenge method, willpower is created, the strongest force in life.



Find all education formats at [www.klitschko-ventures.com/education](http://www.klitschko-ventures.com/education)

**We also develop individual solutions for companies and organizations.**

**We move people to bring about transformation.**

**What is your challenge?**

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