

Due to all the operational work, are you losing sight of your personal strategy on the job?

Do you want to return to self-efficacy and not have the feeling of being controlled by others?

Are you looking for a simple framework to tackle and master your challenge?

# **FACE** GROUP BOX

Self-reflection is not a simple matter of course. Challenges pervade our lives, and they demand distance and analysis. No matter if they are personal or professional.

And they are always individual: only you can know what you want and determine how to achieve it. Because you are the driving force.

We often lack the correct tools, the effectiveness, and the routines to tackle, persevere, and overcome the challenge. Sparring with others, even better with peers, often makes it easier.

### **THE GOAL**

With the FACE Group self-management framework, you activate your self-efficacy and become strengthened: you put together your own FACE Group of maximum 5 peers and the FACE Group Box guides the group— self-organized in individual and group work.

You all coach and support one another with your challenges using the FACE the Challenge method. Thereby, you define your personal challenge (FOCUS), create your own plan, including obstacles (AGILITY), identify what or who is required to achieve it (COORDINATON), and establish a routine in everyday life (ENDURANCE).

### THE RESULT

/ You know exactly what your challenge is, recognize the responsibility towards yourself, and gain effectiveness for your personal challenge through the methodical approach of FACE.

/ You improve your self-reflection and strengthen your connection to yourself.

/ Your communication skills will be honed, and your critical faculties improved.

You can master your personal challenge with peer power.

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#### THE PERFORMANCE

- 1. The FACE Group Box with 4 booklets for F, A, C and E. Every booklet is a self-explanatory guide to each step of the FACE Group.
- 2. The FACE Group consists of 20 steps in individual sessions with the peer. Self-organized and online.

PRICE: €145 // box





### THE PATH TO WILLPOWER



FACE stands for Focus, Agility, Coordination, and Endurance – concentration, flexibility, coordination, and perserverance.

Former boxing world champion and company founder Dr. Wladimir Klitschko derived these four core competencies from his philosophy of success. Together with Tatjana Kiel, CEO of Klitschko Ventures, he has developed a four-step method for overcoming challenges in both the entrepreneurial and personal environment.

With the FACE the Challenge method, willpower is created, the strongest force in life.



Find all education formats at www.klitschko-ventures.com/education

## We also develop individual solutions for companies and organizations.

### We move people to bring about transformation.

### What is your challenge?

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### KLITSCHKO /VENTURES

THE CHALLENGE MINDSET FACTORY

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