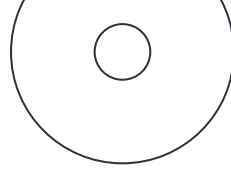


one-to-one coaching

FIND YOUR CHALLENGE

Define what you really, really want

KLITSCHKO / VENTURES
THE CHALLENGE MINDSET FACTORY



/ What is the purpose of this F.A.C.E. format?

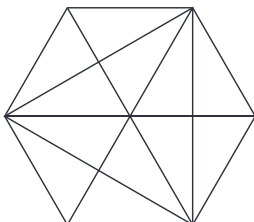
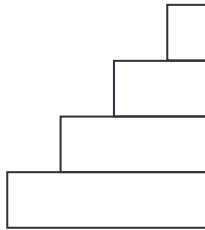
Challenges drive us, give direction to our actions and clarify our values. They give us and our lives meaning, and last but not least they shape our identity and distinguish us from others. But sometimes it is difficult to find our own challenge and to know what we really, really want.

In this format we help you to find out and clearly define your own personal challenge. By realizing step by step what is important to you and what you are capable of, you create the basis for developing a relaxed and creative relationship with yourself. And you learn to align yourself and your life so that what you do is in harmony with your values and thoughts. Because you and your happiness are not a product of chance, but the result of your daily lived decisions.

*#Orientation #SelfKnowledge #ChallengerMindset #Sense
#MovingPower #HumanTransformation #Happiness*

/ Who is this format for?

You want to sort yourself out and find out what you really want? Maybe you're at a turning point in your life and need to decide where to go from here? Or you have the impression that your life is running on autopilot, and you finally want to take the wheel again? This format gives you the space and tools to rediscover and reinvent yourself. By finding out what is important to you personally, you learn to align your life with your own values and abilities. This is how you define and find your own personal challenge.



/ Your benefits

- ✔ You find out which values are really important to you.
- ✔ You become aware of your core abilities.
- ✔ You become better oriented and strengthen your self-confidence.
- ✔ You align your values and skills with your behavior.
- ✔ You realize that you can shape your identity and outline a new life plan.
- ✔ You formulate your very own personal challenge, with which you become the driving force for your own life again.

/ Module overview

1	2	3
ONBOARDING	VALUES	ABILITIES
Define collaboration	Define value system	Identify skills
<i>1 session at 45 mins</i>	<i>2 sessions at 45 mins each</i>	<i>2 sessions at 45 mins each</i>
4	5	6
IDENTITY	CHALLENGE	NACHFASS/WRAPPING
Create life scenarios	Define challenge	Recap (after 3 weeks)
<i>2 sessions at 45 mins each</i>	<i>2 sessions at 45 mins each</i>	<i>1 session at 45 mins</i>

/ Detailed information

Cost: **EUR 1,800**

Duration/time investment:

10 coaching sessions at 45 mins each, start any time

Online or offline

Make an individual appointment with a coach



Contact:

Meike Pukropski

Lead Education

m.pukropski@klitschko-ventures.com