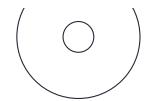


· CORPORATE ·

FACE GROUP

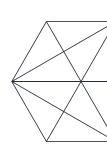
Define individual challenge plans together





/ What is the purpose of this F.A.C.E. format?

With peer support and self-organized individual work, participants define their challenge plans and master them step by step. With the self-management framework of the FACE Group and through active exchange in the group, all participants sharpen their self-awareness and effectiveness in terms of the entrepreneurial challenge. They experience an inner transformation and attain more willpower, focus and a strong challenger mindset. The format promotes discussion and knowledge transfer in the group, encourages commitment, and it activates employee implementation energy and mental strength via the FACE the Challenge method.



#Empowerment #Exchange #Courage #Commitment #SelfReflection #MentalStrength #Willpower #ChallengerMindset #Transformation

/ Who is this format for?

FACE Group is unique format for companies that want to promote the challenger mindset and resilience of their employees and take knowledge transfer to a new level. The format can consist of participants from the same department or it can be used to promote cross-departmental networking. Each FACE Group has a maximum of five participants and is aimed at employees at all management levels who want to tackle their respective challenges together.



/ Benefits for participants

- All participants enhance their self-reflection and develop a better connection to themselves.
- Session by session, each participant develops a commitment- and practice-oriented mindset.
- All participants unleash their full willpower and sharpen their self-effectiveness.
- All participants sharpen their communication skills and work on their critical thinking skills.
- All participants define their precise challenge plan and receive tips and tools to anchor them in their everyday lives.

/ Module overview

Kick-Off	1. FOCUS What do I want?				2. AGILITY How do I do it?			
	F1		F2		A1		A2	
Organisation	Impulse session	Individual session	Feedback session		Impulse session	Individual session	Feedback session	
Overview Schedule Rules	Define the who	Next You canvas	Design the challenge		Integrate obstacles	Battle plan canvas	Define the plan	
				Self-effectiveness				
3. COORDINATION With whom and with what?				4. ENDURANCE How do I persevere?				Wrap-Up
C1 C2				E1		E2		
Impulse sess	sion Individual ses	ssion Feedback ses	ssion Impu	lse sessior	n Individual ses	sion Feedback ses	Feedback session	
Use the Her	d Balance can	vas Fuse hear and heac		t defeatisr	m Habit canva	s Form habit	Form habits	
	Self-developr	ment		Self-discipline				/

/ Detailed information

Cost (group): from **EUR 99** per participant (per group of 4-5 participants) Possibility of an extended version

Duration/Time investment:

10 Zoom sessions at 60-90 mins each in groups (recommended once a week), homework (including canvases) for individual development (around 60 mins)

Date:

Individually agreed



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